

Paramedic Doffing Observer Checklist






Suspected/Confirmed EVD Cases and/or Care Environment Coverall/Gown with Separate Hood and Foot Covers

This checklist is designed to assist paramedics and first responders in correctly doffing Personal Protective Equipment (PPE) for suspect/confirmed cases of EVD and their care environment. **Please Note: This is a sample checklist** that may need to be adapted to meet relevant standards of practice and/or specific manufacturer's user instructions for variations of approved PPE. A trained observer will use the checklist to ensure that all necessary doffing steps are performed and in the proper sequence. Any errors or breaches are to be addressed immediately to ensure the paramedic and/or first responder is protected.

Note: Hand hygiene should be performed after removing PPE, before hands approach the face and any time hand contamination is identified or suspected during the doffing.

Before you begin, instruct the paramedic and/or first responder that PPE must be removed slowly and carefully. Ensure the correct sequence is followed to avoid self- and cross-contamination of the workplace.



DOFFING PPE PROCEDURE		COMMENTS (May include size of PPE)
	Remove outer gloves: <ul style="list-style-type: none"><input type="checkbox"/> Remove outer gloves taking care not to touch inner gloves or bare skin<input type="checkbox"/> Dispose into designated waste container<input type="checkbox"/> Inspect inner gloves for visible contamination, cuts or tears	
	Remove face protection: <ul style="list-style-type: none"><input type="checkbox"/> Hold face shield by grasping band at back of head, lifting gently over head and away from face<input type="checkbox"/> Dispose into designated waste container	
	Remove hood cover: <ul style="list-style-type: none"><input type="checkbox"/> Trained observer may assist with removal, but must be donned in adequate PPE based on risk<input type="checkbox"/> Remove hood cover without self contamination<input type="checkbox"/> Dispose into designated waste container	
	Remove eye protection (if applicable): <ul style="list-style-type: none"><input type="checkbox"/> Remove safety eyewear by grasping the arms at the side or straps at the back of head, leaning forward and lifting gently away from face<input type="checkbox"/> Dispose into designated waste container	
	Remove coverall/gown: <ul style="list-style-type: none"><input type="checkbox"/> Trained observer may assist, but must be donned in adequate PPE based on risk<input type="checkbox"/> Unzip or unfasten coverall/gown completely before rolling down and turning inside out. Avoid contact of inner clothing with outer surface of coverall during removal, touching inside of the coverall/gown only<input type="checkbox"/> Take care not to slip and fall; sit on chair as needed<input type="checkbox"/> Dispose into designated waste container	

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DOFFING PPE PROCEDURE		COMMENTS (May include size of PPE)
	Remove foot covers: <ul style="list-style-type: none"><input type="checkbox"/> Remove foot covers carefully to avoid inadvertent contact and/or cross-contamination<input type="checkbox"/> Take care not to slip and fall; sit on chair as needed<input type="checkbox"/> Dispose into designated waste container	
	Remove inner gloves: <ul style="list-style-type: none"><input type="checkbox"/> Inspect gloves for visible contamination, cuts or tears before removing<input type="checkbox"/> Take care to not touch the outside of the gloves with bare skin<input type="checkbox"/> Dispose into designated waste container	
	Perform hand hygiene: <ul style="list-style-type: none"><input type="checkbox"/> Use alcohol-based hand rub (ABHR) and/or soap and water<input type="checkbox"/> Allow hands to dry completely	
	Remove safety eyewear (if applicable): <ul style="list-style-type: none"><input type="checkbox"/> Remove safety eyewear by grabbing at arms (temples) at side of head, taking care not to touch outside of frame or lens<input type="checkbox"/> Dispose into designate waste container	
	Perform hand hygiene: <ul style="list-style-type: none"><input type="checkbox"/> Use ABHR or soap and water<input type="checkbox"/> Allow hands to dry completely	
	Remove N95 respirator: <ul style="list-style-type: none"><input type="checkbox"/> Grab bottom strap and lift over head<input type="checkbox"/> Lean forward and grab top strap; gently lift over head and away from face<input type="checkbox"/> Take care to not touch the front of the respirator<input type="checkbox"/> Dispose into designated waste container	
	Perform hand hygiene: <ul style="list-style-type: none"><input type="checkbox"/> Use ABHR and/or soap and water<input type="checkbox"/> Allow hands to dry completely	
	Verify doffing PPE procedure: <ul style="list-style-type: none"><input type="checkbox"/> Visually confirm sequence has been completed correctly and no contamination has occurred	

Name of Observer: _____ Name of Worker: _____ Signature: _____ Date: _____