Paramedic Doffing Training Checklist

Suspected/Confirmed EVD Cases and/or Care Environment Coverall with Integrated Hood and Separate Foot Covers

This checklist is designed to assist with training paramedics and first responders on the correct doffing of personal protective equipment (PPE) for suspect/confirmed cases of EVD and their care environment. **Please Note: This is a sample checklist** that may need to be adapted to meet relevant standards of practice and/or specific manufacturer's user instructions for variations of approved PPE. The tool can be used to verify and document that all necessary doffing steps are performed and in the proper sequence. Any errors or omissions identified during practice and skill proficiency demonstrations must be communicated immediately, to ensure specific instructions are provided and so appropriate corrective action are taken for the protection of the paramedic and/or first responder.

Note: Hand hygiene should be performed after removing PPE, before hands approach the face and any time hand contamination is identified or suspected during the doffing process.

Before you begin, instruct paramedic(s) and/or first responder(s) that PPE must be removed slowly and carefully and in the correct sequence to avoid self- and cross-contamination of the workplace.



TRAIN.	PRAC.	PROF.	DOFFING PPE PROCEDURE	COMMENTS (May include size of PPE)
			Remove outer gloves: Remove outer gloves taking care not to touch inner gloves or bare skin Dispose into designated waste container Inspect inner gloves for visible contamination, cuts or tears	
			Remove face protection: Hold face shield by grasping band at back of head, lifting gently over head and away from face Dispose into designated waste container	
			Remove hood/coverall: Trained observer may assist, but must be donned in adequate PPE based on risk Unzip or unfasten coverall completely before rolling down and turning inside out. Avoid contact of inner clothing with outer surface of coverall during removal, touching inside of the coverall only Take care not to slip and fall; sit on chair as needed Dispose into designated waste container	
			Remove foot covers: Remove foot covers carefully to avoid inadvertent contact and/or cross-contamination Take care not to slip and fall; sit on chair as needed Dispose into designated waste container	





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			5	Remove inner gloves: Inspect gloves for visible contamination, cuts or tears before removing Take care to not touch the outside of the gloves with bare skin Dispose into designated waste container	
			6	Perform hand hygiene: Use alcohol-based hand rub (ABHR) or soap and water Allow hands to dry completely	
			9	Remove eye protection (if applicable): Remove safety eyeware by grasping the arms at the side or straps at the back of head, leaning forward and lifting gently away from face Dispose into designated waste container	
			8	Perform hand hygiene: Use ABHR or soap and water Allow hands to dry completely	
				Remove N95 respirator: Grab bottom strap and lift over head Lean forward and grab top strap; gently lift over head and away from face Take care to not touch the front of the respirator Dispose into designated waste container	
			0	Perform hand hygiene: Use ABHR or soap and water Allow hands to dry completely	
			•	Verify doffing PPE procedure: Visually confirm sequence has been completed correctly and no contamination has occurred	
Name of Trainer: .				Name of Worker: Signature:	Date:



